



MOSS is at an elevation of 5,021 feet and program participants will be outdoors for long periods of time in potentially inclement weather. Expect to experience mild weather during the day (50-60s) and cool temperatures at night (20-30s). Be prepared for varied weather! We have compiled a list of suggested clothing needs for a week of mountain weather in the fall and spring. Dressing in LAYERS is most important in this climate. Outer layers can be shed during warm afternoons and layered back on during the cool nights. Program participants will be on campus for 5 days without opportunity to launder clothes. Pack accordingly!

#### FEET:

- Thick socks (wool or synthetic for 3 field days & 2 travel days)
- 1 pair of closed- toe boots or sturdy shoes suitable for walking over rugged terrain; preferably waterproof
- Light shoes to wear around campus
- Flip flops or shower shoes

HANDS: Light gloves or mittens

#### HEAD:

- Insulated or wool hat which covers ears
- Hat that shields face from the sun

#### FOR THE FIELD:

- Day pack for carrying water, lunches, etc.
- Lunch box (optional)
- WATER BOTTLE or Two! (very important!!)

#### MISC:

- Flashlight (IMPORTANT!)
- Pens or pencils and a notebook
- Personal reading material
- Camera (optional)
- Sunglasses
- Money for the MOSS Store!

#### What Not to Bring:

- Fireworks, lighters, etc.
- Pocket knives, Leatherman® tools etc.
- Cell phones, radios, video games, personal computers, etc.
- Snacks = no food in the rooms - wildlife control effort
- Pets
- Tobacco, alcohol, or illegal drugs

#### UPPER-BODY:

- Heavy weight insulated jacket
- Fleece sweatshirt, wool sweater, flannel shirts
- Waterproof rain jacket
- Synthetic long underwear top
- Long or short sleeved T-shirts

#### LOWER-BODY:

- Pants for hiking (2-3 pairs)
- Synthetic long underwear (this is essential in cold weather!)

#### SLEEPING GEAR:

- Heavy sleeping bag & pillow
- Fitted sheet (optional)
- Extra blanket (optional)
- Pajamas

#### PERSONAL GEAR

- Soap & shampoo/conditioner
- Toothbrush & toothpaste
- Towel
- Comb or brush
- Sunscreen and lip balm with sunscreen
- Alarm clock (for chaperones)

#### Questions? Contact:

Leslie Dorsey 208.310.7087, [ldorsey@uidaho.edu](mailto:ldorsey@uidaho.edu) or  
Beth Kochevar 208.310.7082,  
[ekochevar@uidaho.edu](mailto:ekochevar@uidaho.edu)