


Rolling Hills School Lunch Menu – January/February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
January 7 Chicken Taquitos Salad, Salsa Refried Beans Fruit	January 8 Mini Corndogs Tator Tots Carrots & Celery Fruit	January 9 Teriyaki Chicken w/rice Salad Carrots Fruit Rice Krispy Treat	January 10 Hamburger French Fries Celery Baked Beans Fruit	January 11 Pepperoni Calzone Broccoli, Cauliflower & Carrots Fruit
January 14 Crispy Chicken Fries Sweet Potato Fries Baked Beans, Salad Fruit	January 15 Chicken Strips Tator Tots Carrots & Cucumbers Fruit	January 16 French Toast Sticks & Sausage Hash Brown Patty Red & Green Peppers Fruit	January 17 Popcorn Chicken, Biscuit Carrots & Salad Fruit	January 18 Cheese Pizza Broccoli, Cauliflower & Carrots Fruit
January 21 	January 22 Yogurt Parfait Bar Carrots & Cucumbers Fruit	January 23 Orange Chicken Rice Steamed Broccoli, Salad Fruit	January 24 Hot Roast Beef Sandwich Green Beans Corn Apple Crisp	January 25 Pizza Rippers Broccoli, Cauliflower & Carrots Fruit
January 28 Nachos (Chips & Cheese Sauce) Seasoned Beef Salsa, Corn Fruit	January 29 Chicken Nuggets French Fries Snow Peas Fruit Cookie	January 30 Chicken Drumsticks Peppers & Onions, Salad Spiral Potatoes Maple Bites Fruit	January 31 Chicken Sandwich Potato Wedges Baked Beans Fruit	February 1 Spaghetti & Meatballs Garlic Bread Broccoli, Cauliflower & Carrots Fruit

Choice 2 (everyday): Peanut butter & jelly sandwich, gold fish crackers & yogurt /cheese stick, fruit, veggie. *All lunches come with milk.

Healthy Choice Bar-Featuring daily: Fruit, lettuce & vegetables with salad dressing. Included with regular school lunch!!



Weekly Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Frudel or Cereal Fruit and/or fruit juice Yogurt, Milk	Pancakes or Cereal Fruit and/or fruit juice Sausage, Milk	Muffin or Cereal Fruit and/or fruit juice Yogurt, Milk	French Toast Sticks or Cereal Fruit and/or fruit juice Sausage, Milk	Dutch Waffle or Cereal Fruit and/or fruit juice Yogurt, Milk

This institution is an equal opportunity provider.